2012 LAPHAM LOPPET

4.5K HS Southern Conference Championship

Saturday, January 21st

General Information When you race the long hills of the **11K course**, you will experience why the Lapham Peak Ski trails have won an award for best-groomed trails. Ski the race and then enjoy "cooling down" on the entire Lapham Peak system. **The 4.5K Southern Conference Championship ski race for High school students will be held on the lighted loop.** Middle School students will also race the 4.5K course; The K-6th grade Lads and Lassie Loppet, will have two course options by ability. This Fun Ski starts at the Finish Booth on the warm up loop at Evergreen Grove with prizes to the top 3 finishers and awards to all. See who can beat Rocky, the Flying Squirrel! Two warming shelters with heated indoor toilets will be open; hot food and snacks also will be available for purchase.

Location: Lapham Peak is located 3/4 mile south of I-94 on Highway C, Delafield, WI.

Registration: Onsite **8:00-10:00 HS or 8:30-10:30 adults at** Evergreen Shelter at Lapham Peak; or mail registration form before 1-13-2011 and a check to "Friends of Lapham Peak", W329 N846 Hwy C, Delafield, WI 53018 or Online registration will be turned on at www.active.com when snow conditions confirm race. Registration limited to 200. Sorry, no refunds. Pre-registration fees will be donated to Snowmaking Project in case of race cancellation.

Start Times: Self-seeded skiers will go off in waves, one minute apart; Elite wave for top 20 2009-10 Loppet

10:00	**+/-1K**	**FREE K-6th Laddie & Lassie Fun Ski - Race Rocky the Flying Squirrel! course options by ability**
10:30	**4.5K**	**MS race / HS Southern Conference Championship**
11:15	**11K**	**Lapham Loppet Freestyle Ski Race**

Fees: $25.00 11K race * $5 4.5K MS/HS race* free K-6 youth *Ski Trail Pass and State Park Sticker required [yearly sticker and ski pass or $5.00 special event in lieu of]

Proceeds: Lapham Peak Friends Snowmaking Project. If you wish to make a separate donation, please send a check to Lapham Peak Friends Snowmaking Project at the address above. Online donations are empowered by Active.com at www.active.com/donate/laphampeaksnowmaking

Awards: top 3 each age group 11K ski race: 1-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-99. MS 10-12 & 13-14; HS14-16; 17-18. Team award to the top boys and top girls high school teams! Lads and Lassies will receive participation awards. Awards cannot be mailed.

More Information needed? Trail Conditions Hot Line and Race Cancellation: (262) 646-4421 Kris Maki 262-965-2636 jmaki4@wi.rr.com;Roy Nilson 262-424-079 Park General Office (262) 646-3025 or go to www.laphampeakfriends.org

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LAPHAM LOPPET/Southern Conference Championship ENTRY BLANK

[X} one: ___11K LAPHAM LOPPET ___4.5K M.S. __4.5k H.S . __K-6th _____Team/club

FIRST NAME _____**LAST NAME**_____ **_(CIRCLE) M F AGE**_____

ADDRESS_____ **DATE OF BIRTH** _____/_____/_____

CITY_____ **STATE**_____ **ZIP**_____**TELEPHONE** _____

I know that skiing the Lapham Peak Ski Trails is a potentially hazardous activity. I assume all risks associated with the event including, but not limited to falls, contact with other participants, the effects of the weather, including cold and frozen ground and the conditions of the course may include rough terrain, all such risks being known and appreciated by me. Having read this waiver,I, for myself and anyone entitled to act on my behalf, waive and release the Lapham Peak Friends, and all sponsors, their representatives and successors, and the Department of Natural Resources and its employees from all claims or liabilities of any kind out of anticipation in this event.

Signature_____ **DATE** __/__/____ **CLASS**_____ **BIB #** _____

Adult signature for those above under 18_____